

Lesson plan – 2. Practicing the chord/target notes – Blue bossa

Lesson objectives	To know the chord changes (target notes) for Blue bossa as fluently as possible.
Activity 1	Play through the chord changes for Blue bossa – very slowly if this is new to you.
Activity 2	Play in root position using only the tonic, 3 rd and 5 th of each chord.
Activity 3	Play in root position using the tonic, 3 rd 5 th & 7 th of the chord.
Activity 4	If you are advanced enough and can play activities 1, 2 & 3 fluently, try activity 4. Starting on the 3 rd and include the 5 th , 7 th & 9 th of the chords.
Activity 5	Try to create your own improvisations based on the activities we have covered in this lesson. If you want to, try and spice up your improvisations by incorporating some rhythms (maybe use the rhythm sheet that I have attached, or, create your own rhythms).

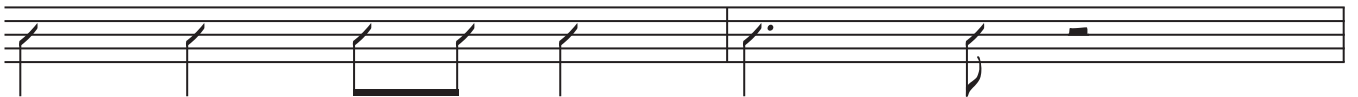
How to make great progress!

I would recommend not progressing onto the next activity before you are pretty fluent with the notes on each activity.

Remember, it is still possible to create/improvise a great sounding solo only using the 1st, 3rd & 5th of the chords, so if this is where you currently are. Be patient with yourself and really nail those changes!

Good luck. Remember, short bursts of focused, concentrated (target driven) practice are always better than meandering through things for hours with no real focus or target!

SYNCOATED RHYTHMS



3

3

BLUE BOSSA - 1st 3rd 5th

Darren Lloyd

Dm Dm Gm Gm

5 Em7(b5) A7(b9) Dm Dm

9 Fm7 Bb7 Ebmaj7 Ebmaj7

13 Em7(b5) A7(b9) Dm Dm

17 Dm Dm Gm Gm

21 Em7(b5) A7(b9) Dm Dm

25 Fm7 Bb7 Ebmaj7 Ebmaj7

29 Em7(b5) A7(b9) Dm Dm

BLUE BOSSA - 1st 3rd 5th 7th

Darren Lloyd

Dm Dm Gm Gm
 5 Em7(b5) A7(b9) Dm Dm
 9 Fm7 Bb7 Ebmaj7 Ebmaj7
 13 Em7(b5) A7(b9) Dm Dm
 17 Dm Dm Gm Gm
 21 Em7(b5) A7(b9) Dm Dm
 25 Fm7 Bb7 Ebmaj7 Ebmaj7
 29 Em7(b5) A7(b9) Dm Dm

The musical score is written for Bb instruments in 4/4 time. It consists of eight staves of music. The key signature has one flat (Bb). The melody is primarily composed of eighth and quarter notes. Chords are indicated above the staff at the beginning of each measure. The piece concludes with a final quarter rest on the eighth staff.

BLUE BOSSA - 3rd 5th 7th 9th

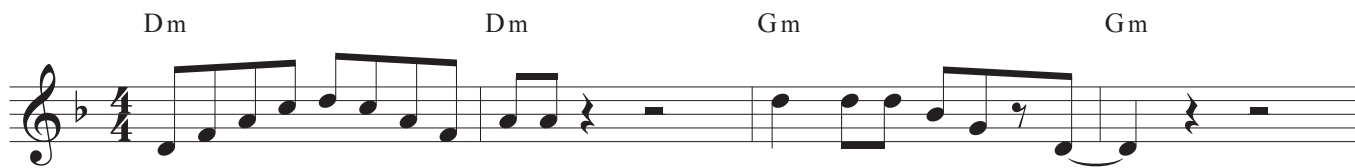
Darren Lloyd

The musical score is written for Bb instruments in 4/4 time. It consists of eight staves of music, each with a measure number and a chord progression. The chords are: Dm, Dm, Gm, Gm (measures 1-4); Em7(b5), A7(b9), Dm, Dm (measures 5-8); Fm7, Bb7, Ebmaj7, Ebmaj7 (measures 9-12); Em7(b5), A7(b9), Dm, Dm (measures 13-16); Dm, Dm, Gm, Gm (measures 17-20); Em7(b5), A7(b9), Dm, Dm (measures 21-24); Fm7, Bb7, Ebmaj7, Ebmaj7 (measures 25-28); Em7(b5), A7(b9), Dm, Dm (measures 29-32). The melodic line is primarily eighth-note based, with some quarter notes and rests. The key signature has one flat (Bb).

BLUE BOSSA - CREATE OWN IMPROVISATIONS

Darren Lloyd

Dm Dm Gm Gm



5 Em7(b5) A7(b9) Dm Dm



9 Fm7 Bb7 Ebmaj7 Ebmaj7



13 Em7(b5) A7(b9) Dm Dm



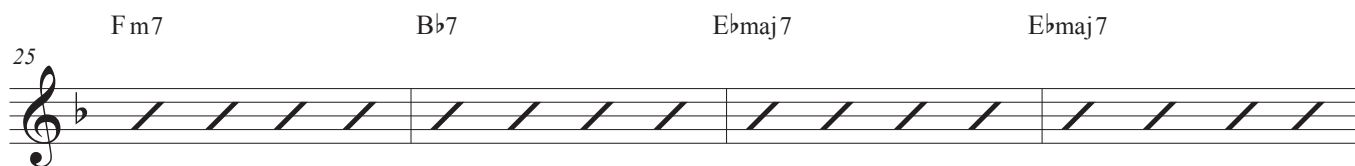
17 Dm Dm Gm Gm



21 Em7(b5) A7(b9) Dm Dm



25 Fm7 Bb7 Ebmaj7 Ebmaj7



29 Em7(b5) A7(b9) Dm Dm



BLUE BOSSA - LEAD SHEET

Darren Lloyd

Chord progression for the first staff:

Dm Dm Gm Gm

Chord progression for the second staff:

5 Em7(b5) A7(b9) Dm Dm

Chord progression for the third staff:

9 Fm7 Bb7 Ebmaj7 Ebmaj7

Chord progression for the fourth staff:

13 Em7(b5) A7(b9) Dm Dm

Chord progression for the fifth staff:

17 Dm Dm Gm Gm

Chord progression for the sixth staff:

21 Em7(b5) A7(b9) Dm Dm

Chord progression for the seventh staff:

25 Fm7 Bb7 Ebmaj7 Ebmaj7

Chord progression for the eighth staff:

29 Em7(b5) A7(b9) Dm Dm

BLUE BOSSA - 1st 3rd 5th

Darren Lloyd

Cm Cm Fm Fm

Staff 1: Bass clef, 4/4 time. Measures 1-4. Chords: Cm, Cm, Fm, Fm.

5 Dm7(b5) G7(b9) Cm Cm

Staff 2: Bass clef, 4/4 time. Measures 5-8. Chords: Dm7(b5), G7(b9), Cm, Cm.

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

Staff 3: Bass clef, 4/4 time. Measures 9-12. Chords: Ebm7, Ab7, Dbmaj7, Dbmaj7.

13 Dm7(b5) G7(b9) Cm Cm

Staff 4: Bass clef, 4/4 time. Measures 13-16. Chords: Dm7(b5), G7(b9), Cm, Cm.

17 Cm Cm Fm Fm

Staff 5: Bass clef, 4/4 time. Measures 17-20. Chords: Cm, Cm, Fm, Fm.

21 Dm7(b5) G7(b9) Cm Cm

Staff 6: Bass clef, 4/4 time. Measures 21-24. Chords: Dm7(b5), G7(b9), Cm, Cm.

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

Staff 7: Bass clef, 4/4 time. Measures 25-28. Chords: Ebm7, Ab7, Dbmaj7, Dbmaj7.

29 Dm7(b5) G7(b9) Cm Cm

Staff 8: Bass clef, 4/4 time. Measures 29-32. Chords: Dm7(b5), G7(b9), Cm, Cm.

BLUE BOSSA - 1st 3rd 5th 7th

Darren Lloyd

The musical score is written for bass clef instruments in 4/4 time. It consists of eight staves of music, each containing a repeating eighth-note bass line and four chords. The chords are labeled above the staff. The key signature has two flats (B-flat and E-flat).

Staff 1: Cm Cm Fm Fm

Staff 2 (5): Dm7(b5) G7(b9) Cm Cm

Staff 3 (9): Ebm7 Ab7 Dbmaj7 Dbmaj7

Staff 4 (13): Dm7(b5) G7(b9) Cm Cm

Staff 5 (17): Cm Cm Fm Fm

Staff 6 (21): Dm7(b5) G7(b9) Cm Cm

Staff 7 (25): Ebm7 Ab7 Dbmaj7 Dbmaj7

Staff 8 (29): Dm7(b5) G7(b9) Cm Cm

BLUE BOSSA - 3rd 5th 7th 9th

Darren Lloyd

Cm Cm Fm Fm

Staff 1: Bass clef, 4/4 time signature. Measures 1-4. Chords: Cm, Cm, Fm, Fm.

5 Dm7(b5) G7(b9) Cm Cm

Staff 2: Bass clef, 4/4 time signature. Measures 5-8. Chords: Dm7(b5), G7(b9), Cm, Cm.

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

Staff 3: Bass clef, 4/4 time signature. Measures 9-12. Chords: Ebm7, Ab7, Dbmaj7, Dbmaj7.

13 Dm7(b5) G7(b9) Cm Cm

Staff 4: Bass clef, 4/4 time signature. Measures 13-16. Chords: Dm7(b5), G7(b9), Cm, Cm.

17 Cm Cm Fm Fm

Staff 5: Bass clef, 4/4 time signature. Measures 17-20. Chords: Cm, Cm, Fm, Fm.

21 Dm7(b5) G7(b9) Cm Cm

Staff 6: Bass clef, 4/4 time signature. Measures 21-24. Chords: Dm7(b5), G7(b9), Cm, Cm.

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

Staff 7: Bass clef, 4/4 time signature. Measures 25-28. Chords: Ebm7, Ab7, Dbmaj7, Dbmaj7.

29 Dm7(b5) G7(b9) Cm Cm

Staff 8: Bass clef, 4/4 time signature. Measures 29-32. Chords: Dm7(b5), G7(b9), Cm, Cm.

BLUE BOSSA - CREATE OWN IMPROVISATIONS

Darren Lloyd

Cm Cm Fm Fm

5 Dm7(b5) G7(b9) Cm Cm

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

13 Dm7(b5) G7(b9) Cm Cm

17 Cm Cm Fm Fm

21 Dm7(b5) G7(b9) Cm Cm

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

29 Dm7(b5) G7(b9) Cm Cm

BLUE BOSSA - LEAD SHEET

Darren Lloyd

Cm

Cm

Fm

Fm



Dm7(b5)

G7(b9)

Cm

Cm

5



Ebm7

Ab7

Dbmaj7

Dbmaj7

9



Dm7(b5)

G7(b9)

Cm

Cm

13



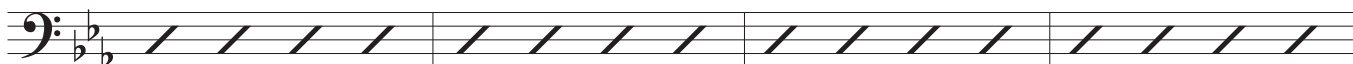
Cm

Cm

Fm

Fm

17



Dm7(b5)

G7(b9)

Cm

Cm

21



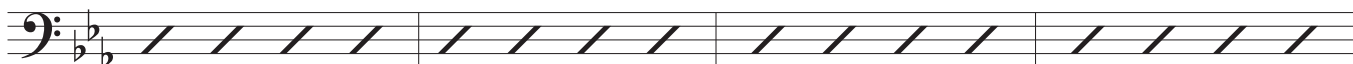
Ebm7

Ab7

Dbmaj7

Dbmaj7

25



Dm7(b5)

G7(b9)

Cm

Cm

29



BLUE BOSSA - 1st 3rd 5th

Darren Lloyd

Chord progression for Blue Bossa - 1st 3rd 5th:

Chords: Cm Cm Fm Fm

5 Dm7(b5) G7(b9) Cm Cm

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

13 Dm7(b5) G7(b9) Cm Cm

17 Cm Cm Fm Fm

21 Dm7(b5) G7(b9) Cm Cm

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

29 Dm7(b5) G7(b9) Cm Cm

The musical score consists of eight staves of music in 4/4 time, with a key signature of two flats (Bb and Eb). Each staff begins with a measure number (5, 9, 13, 17, 21, 25, 29) and is accompanied by a series of chords. The chords are: Cm, Cm, Fm, Fm; Dm7(b5), G7(b9), Cm, Cm; Ebm7, Ab7, Dbmaj7, Dbmaj7; Dm7(b5), G7(b9), Cm, Cm; Cm, Cm, Fm, Fm; Dm7(b5), G7(b9), Cm, Cm; Ebm7, Ab7, Dbmaj7, Dbmaj7; Dm7(b5), G7(b9), Cm, Cm. The melody is written in a single voice on a treble clef staff, featuring a mix of quarter and eighth notes, with some rests and a final double bar line at the end of the eighth staff.

BLUE BOSSA - 1st 3rd 5th 7th

Darren Lloyd

The musical score is written in 4/4 time with a key signature of two flats (Bb and Eb). The melody consists of eighth and quarter notes, often beamed together in pairs. The chords are indicated above the staff at the beginning of each measure.

Chord progression for measures 1-4: Cm, Cm, Fm, Fm

Chord progression for measures 5-8: Dm7(b5), G7(b9), Cm, Cm

Chord progression for measures 9-12: Ebm7, Ab7, Dbmaj7, Dbmaj7

Chord progression for measures 13-16: Dm7(b5), G7(b9), Cm, Cm

Chord progression for measures 17-20: Cm, Cm, Fm, Fm

Chord progression for measures 21-24: Dm7(b5), G7(b9), Cm, Cm

Chord progression for measures 25-28: Ebm7, Ab7, Dbmaj7, Dbmaj7

Chord progression for measures 29-32: Dm7(b5), G7(b9), Cm, Cm

BLUE BOSSA - 3rd 5th 7th 9th

Darren Lloyd

Chords: Cm Cm Fm Fm

5 Dm7(b5) G7(b9) Cm Cm

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

13 Dm7(b5) G7(b9) Cm Cm

17 Cm Cm Fm Fm

21 Dm7(b5) G7(b9) Cm Cm

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

29 Dm7(b5) G7(b9) Cm Cm

The musical score is written in 4/4 time with a key signature of two flats (Bb and Eb). It consists of eight staves of music. The melody is primarily composed of eighth and quarter notes, with some rests. The chord progression is indicated above the staff lines. The piece concludes with a final chord of Cm.

BLUE BOSSA - CREATE OWN IMPROVISATIONS

Darren Lloyd

Cm Cm Fm Fm

5 Dm7(b5) G7(b9) Cm Cm

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

13 Dm7(b5) G7(b9) Cm Cm

17 Cm Cm Fm Fm

21 Dm7(b5) G7(b9) Cm Cm

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

29 Dm7(b5) G7(b9) Cm Cm

BLUE BOSSA - LEAD SHEET

Darren Lloyd

Cm Cm Fm Fm

5 Dm7(b5) G7(b9) Cm Cm

9 Ebm7 Ab7 Dbmaj7 Dbmaj7

13 Dm7(b5) G7(b9) Cm Cm

17 Cm Cm Fm Fm

21 Dm7(b5) G7(b9) Cm Cm

25 Ebm7 Ab7 Dbmaj7 Dbmaj7

29 Dm7(b5) G7(b9) Cm Cm

BLUE BOSSA - 1st 3rd 5th

Darren Lloyd

Am Am Dm Dm

5 Bm7(b5) E7(b9) Am Am

9 Cm7 F7 Bbmaj7 Bbmaj7

13 Bm7(b5) E7(b9) Am Am

17 Am Am Dm Dm

21 Bm7(b5) E7(b9) Am Am

25 Cm7 F7 Bbmaj7 Bbmaj7

29 Bm7(b5) E7(b9) Am Am

BLUE BOSSA - 1st 3rd 5th 7th

Darren Lloyd

Am Am Dm Dm

5 Bm7(b5) E7(b9) Am Am

9 Cm7 F7 B♭maj7 B♭maj7

13 Bm7(b5) E7(b9) Am Am

17 Am Am Dm Dm

21 Bm7(b5) E7(b9) Am Am

25 Cm7 F7 B♭maj7 B♭maj7

29 Bm7(b5) E7(b9) Am Am

BLUE BOSSA - 3rd 5th 7th 9th

Darren Lloyd

Am Am Dm Dm

5 Bm7(b5) E7(b9) Am Am

9 Cm7 F7 Bbmaj7 Bbmaj7

13 Bm7(b5) E7(b9) Am Am

17 Am Am Dm Dm

21 Bm7(b5) E7(b9) Am Am

25 Cm7 F7 Bbmaj7 Bbmaj7

29 Bm7(b5) E7(b9) Am Am

BLUE BOSSA - CREATE OWN IMPROVISATIONS

Darren Lloyd

Am Am Dm Dm

5 Bm7(b5) E7(b9) Am Am

9 Cm7 F7 Bbmaj7 Bbmaj7

13 Bm7(b5) E7(b9) Am Am

17 Am Am Dm Dm

21 Bm7(b5) E7(b9) Am Am

25 Cm7 F7 Bbmaj7 Bbmaj7

29 Bm7(b5) E7(b9) Am Am

BLUE BOSSA - LEAD SHEET

Darren Lloyd

Am Am Dm Dm

5 Bm7(b5) E7(b9) Am Am

9 Cm7 F7 Bbmaj7 Bbmaj7

13 Bm7(b5) E7(b9) Am Am

17 Am Am Dm Dm

21 Bm7(b5) E7(b9) Am Am

25 Cm7 F7 Bbmaj7 Bbmaj7

29 Bm7(b5) E7(b9) Am Am